

# Supplement Facts

Serving Size: 2 Tablets    Servings Per Container: 30

	Amount Per Serving	% Daily Value
Vitamin A (as beta-carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as mixed tocopherols)	30 IU	100%
Vitamin K (as phytonadione)	25 mcg	31%
Thiamine (as thiamine mononitrate)	1.50 mg	100%
Riboflavin	1.70 mg	100%
Niacin	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	20 mg	1000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Biotin (d-biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Iron (as ferrous fumarate)	9 mg	50%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc oxide)	15 mg	100%
Selenium (as SelenoExcell® 1200ppm)	200 mcg	286%
Chromium (as chromium picolinate)	120 mcg	100%
Molybdenum (as sodium molybdate)	75 mcg	100%
Boron (as sodium borate)	75 mcg	*
Nickel (as nickelous sulfate)	5 mcg	*
Silicon (as silicon dioxide)	10 mg	*
Tin (as stannous chloride)	10 mcg	*
Vanadium (as vanadyl sulfate)	10 mcg	*
BCM-95® (Bio-Curcumin)	250 mg	*
Sharp-PS® Gold	100 mg	*

\*Daily Value not established.

**Other Ingredients:** Dicalcium Phosphate, Microcrystalline Cellulose, Croscarmellose Sodium, Stearic Acid, Magnesium Stearate and Silicon Dioxide. **Contains soy and fish (blue whiting and herring) ingredients.**